

LIFE SKILLS



FOR YOUNG ADULTS

(12 x 30 mins)

Financial Fitness

For Young Adults

(4 x 30 mins)

Life Skills for Financial Fitness, like skills for physical fitness, requires a sharp focus on the final goal and knowing what we would like to accomplish financially. It requires us to crunch numbers, focus the energy, and keep the course if we are to stay healthy in a financial sense.

As part of that regimen, we will help young adults learn to appreciate the value of their money by presenting the pleasures and pitfalls of financial responsibility. From credit to interest and all the money stops in between, we'll share successful strategies for ways to remain financially fit for life.

- (1) **Protecting Your Identity: *ID Theft***
- (2) **Saving Here...Saving Now**
- (3) **Taking Credit for Your Credit**
- (4) **Valuing Your Money**

Independent Living

For Young Adults

(4 x 30 mins)

These ethnically diverse programs offer young adults a realistic guide to the challenges they'll face after graduation, whether from High School or College.

The programs provide solid assistance for dealing with job expectations and job interviews, from living at home to life on their own before finally establishing their new personal lifestyle.

- (1) **You're Graduating: *Now What?***
- (2) **Succeeding On Your Own**
- (3) **Finding That Dream Job**
- (4) **Moving On With Your Life**

The Working World

For Young Adults

(4 x 30 mins)

This important series designed especially for young adults deals with the all important world of work. Today's young workers will need to be even more dedicated to successfully compete in a global marketplace. Poor work ethic, a careless regard for customer satisfaction and lack of a commitment to the job will only lead to a troubled work history and unhappy careers.

In these newly released programs we'll take a look at the issues being faced by young workers today and offer in return some solid solutions. Discover what makes a person successful in a job now, and into the future, as well as important ways to improve success in the world of work.

- (1) **Work Ethic: *A Commitment to Work***
- (2) **Customer Service: *An Attitude Not An Occupation***
- (3) **Why Work?**
- (4) **The Global Marketplace: *How Will You Compete?***

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